

Classic Competitions

TEAM COMPETITION RULES & GUIDELINES

Age Category Participation

As teams have mixed ages, coaches will determine where their teams best fit. Up to two dancers of an older age may dance on a team without requiring the team to move up in age category. A team may not dance up to an age category if the majority of the dancers are younger than that age category.

Age category may be determined by school grade or by age as follows:

- Pee Wee Age 9 years old and younger.
- Pre-Teen Age 10 – 12 years old, or in 7th grade or below.
- Junior Age 13 – 15 years old, or in grades 7 – 9.
- Youth Age 16 – 18 years old, or in grades 10 – 12.

Partner Categories

Show Dance: Teams made up of boy/girl couples, doing partnered choreography.

Solo Show Dance: Teams made up of non-partnered dancers.

Team Size

Teams will dance in size categories as outlined. If fewer than 3 teams are in a size category, they may be combined with other sizes.

Small	3-5 couples
Standard	6-9 couples
Large	10+ couples

Entries

Teams may enter one routine per style category.

Each team is limited to the following number of entries:

	UTAH <u>CLASSIC</u>	SKYRIDGE <u>CLASSIC</u>	GEM STATE <u>CLASSIC</u>
Pee Wee	2	2	3
Pre-Teen	2	2	3
Juniors	2	3	3
Youth	3	3	4

Categories

Show dances must be comprised **primarily** of recognizable ballroom dance figures. There may be additional open choreography and staging.

NOTE: *No routine that is danced as a medley at other competitions may be entered as a show routine. Coaches must verify on the entry form that the entered routines are not medleys. Show routines may have two dances maximum combined in a routine (ie samba & rumba or quickstep & foxtrot). Any routine found to be in violation will be disqualified from scoring and placement.*

- **Ballroom/Smooth:**

American and International styles of Waltz, Tango, Viennese Waltz, Foxtrot, and Quickstep.
No more than 3 lifts permitted (*see waltz allowance below).

- **Latin/Rhythm:**

American or International styles of Cha Cha, Rumba, Samba, Paso Doble, Mambo, Bolero.
Jive routines should be entered in the Swing category.
No more than 3 lifts permitted.

- **Swing:**

West Coast Swing, East Coast Swing, Lindy.
Swing style lifts/stunts permitted

- **Lift (Cabaret):**

A routine whose emphasis is lifts.
All couples in the routine must do lifts, but it is not required that all couples do all lifts.
This is a YOUTH only category, no junior teams may enter this category.

- **Novelty:**

Non-traditional routine; must include 30% partnered ballroom dancing.
Dances outside of the 19 competitive dances may be included here, such as polka or bachata.
NOTE: Novelty is not an “overflow” category. If a team has two Latin/rhythm routines, one may not be entered in novelty. Novelty routines must have true novelty properties.

*Lift allowance for Waltz and VW routines: 20% of the measures may be in lift (both feet off the ground). For example: In general, a waltz has 30 measures/per/minute, so there are 90 measures in a 3-minute routine. In this case, 18 measures of lift would be allowed.

Time Restrictions

The following time restrictions shall be observed for show dance teams:

Any routine that exceeds the time restriction will be penalized 5 pts from their average total score.*

The timing of the show dance routines begins when the team sets on the floor and ends when the music ends. Entrances or exits to music will be included in the time limit.

Pee Wee routines	2.5 min
Pre-Teen routines	2.5 min
Junior routines	3 min
Youth routines	3 min
Combined team novelty	4 min (2 or more teams combined into one routine)

*Note: There will be a 10 second grace time given to accommodate musical phrasing and edits.

Costume Guidelines

All costumes must be age appropriate for pee wee, pre-teens and juniors.

Any routine whose costumes are in violation of these guidelines will not be allowed to compete or will receive a deduction to their score.

BOYS Costume appropriate to the style.

1. Latin shirts must be closed from the sternum down
2. Shirt front may not be sheer.

GIRLS Costume appropriate to the style.

1. Regular cut dance trunks and fishnets or tights must be worn. Not required for pants or capris.
2. Pants or leggings are allowed.
3. Straps over both shoulders are required. Halter type designs must include a front to back strap.
4. Designs that show any front cleavage are not allowed.
5. Lower backs must be covered from a point three inches above the waistline with colored or heavily stoned fabric.
6. Skirts must completely encircle the body and must cover the legs to mid-thigh when not in motion (measured from leg break to top of knee).
7. Cutouts or nude fabric in the bodice must be heavily covered in stones.

Divisions

Each age category will enter their proper division determined by the following criteria:

The total of:

- a) the average years of experience of each team member, AND
- b) the average hours of ballroom instruction of each team member per week

Each coach must submit a detailed listing of their division totals.

	DIV 1	DIV 2	DIV 3	NOVICE
Youth	10+	7 – 9.9	4 – 6.9	< 3.9
Junior	6+	3.1 – 5.9	X	< 3
Pre-Teen	4+	< 3.9		

For example:

A youth team whose dancers have an average of 3 years of experience and have 4 hours of rehearsal per week has a total of 7 and therefore will compete in the Division 2 category.

A junior team whose dancers have an average of 2 years of experience and have 3 hours of rehearsal per week has a total of 5 and therefore will compete in the Division 2 category.

Judging

Team Show Dance events will be adjudicated based on an accumulative 100-point scale awarded by the judges in the following categories.

CRITERIA		RATING	
Music & Costume	10%	Superior Plus	95 – 100
Choreography	10%	Superior	90 – 94
Technique	30%	Excellent	80 – 89
Execution	40%	Good	70 – 79